

Join An Exciting Opportunity

REVOY and braininsights

Sept—Dec 2010

Admit it, You're Curious

You've started to take fish oil pills. You're doing more Sudoku and crossword puzzles than you have in your life. From the advice of a few media stories you've added more "brain foods" to

your diet. Did friends give you videos for your baby? Are you at your wits end with your teenager? *What's going on?* You may have missed the basics of brain development. Coming this fall

there is a great opportunity for you to learn much more and get some of your questions answered. Four days with three workshops per day! You pick and choose the ones that are perfect for you!

Take a Look Inside

Workshop descriptions and schedules for:

September in Kenosha, WI

October in Beaver Dam, WI

November in Merrill, WI

December in Sheboygan, WI

Plus the Registration Process

What's Up with Adolescent Brains?

Ms. Revoy uses her impressive scholarly knowledge and vast experience in the field of adolescent development to put together the most current and valuable information on adolescent brain development and to establish its relevance to educators. Her presentation is the most enlightening and necessary in-service, for educators, of our time.

- Pat Nolan-Burger, M.S.E.,
Instructor, WCTC

MaryAdele Revoy, well-known trainer and educator, will be tackling those puzzling questions regarding what is going on in the brains of our teenagers.

During her career MaryAdele has trained all over Wisconsin and for the U.S. Department of Defense. Her work entails the latest research on adolescent brain development combined with practical application.

Each workshop is packed full of information and fun. Participants receive a pile of information and take part in a range of activities that they can do with their own teenagers. MaryAdele encourages discussion and welcomes additional input from the audience.

Don't miss this great opportunity to learn, laugh, and leave with your brain stimulated.

Find out more about MaryAdele and her work at www.whoisrevoy.com

Three workshops a day to meet your busy schedule!

9am-11:30am

1pm-3:30pm

6pm-8:30pm

Explore Early Brain Development

Deborah McNelis, creator and owner of **braininsights**, will be educating and exciting participants about early brain development. Deborah is a nationally recognized and award winning author and speaker.

Her passion involves reaching anybody and everybody about the importance of healthy brain development during zero—to five years old. Deborah has created amazing activity packets where each activity includes a scientific research based expla-

nation of how your child's brain benefits from the interaction. These are a must buy for any parent of a young child.

Check out more about Deborah and her work at braininsightsonline.com

Attention to Relationships [Presenter Deb McNelis]

Attachment helps the brain learn to deal with stress and affects relationships throughout life. Did you know insecure attachment can also affect learning? This presentation stresses the critical role secure attachment to a primary caregiver plays on the overall development of a child. The impact of trauma, stress and neglect are also presented. This workshop is beneficial for gaining insights into “at-risk” students.

Basic Brain Development [Presenter MaryAdele Revoy]

This is a “must-have” workshop for anybody new to the brain development field. Through power point and activities participants learn the basics of early brain development and those areas of the brain that are still developing in adolescence. This is a great foundation to start your exploration into the brain or a nice review for those returning for more.

Brain Development and Learning: It Isn't Complicated! [Presenter Deb McNelis]

The human brain is an amazing and complex organ that allows each of us to think, feel, and act. The brain systems that regulate those activities are largely shaped by experience. This interactive presentation covers the basics of brain development with a focus on the way we all learn. It is extremely interesting to realize what is happening in the brain as we learn and how we can provide the best opportunities for optimal learning to take place.

Brains of Digital Natives [Presenter MaryAdele Revoy]

TV, computers, video games, cell phones, and iPods, oh my! Adolescents are the most “plugged in” generation and their brains show it! Find out why experts are saying you need to limit their screen time. Learn how technology affects their social-emotional learning, their interpersonal skills and what it means for their future employment. Test your knowledge of their wired world by participating in fun activities that will leave you in awe of these tech wizards.

Make a commitment to yourself to learn more about the beautiful brains of children.

| | Kenosha | | | | Beaver Dam | | | |
|---------------|--|------------------------|---------------------------|---------------------------|---|-----------------|---------------------------|---------------------------|
| | Radisson Hotel & Conference Center, 11800 108th St. (right off I-94), Pleasant Prairie, WI 53158; 262-857-3377 | | | | Best Western Campus Inn Motor Lodge, 815 Park Ave. (right off of Hwy 151), Beaver Dam, WI 53916; 920-887-7171 | | | |
| | 9/27/2010 | 9/28/2010 | 9/29/2010 | 9/30/2010 | 10/4/2010 | 10/5/2010 | 10/6/2010 | 10/7/2010 |
| | Monday | Tuesday | Wednesday | Thursday | Monday | Tuesday | Wednesday | Thursday |
| 9am - 11:30am | Basic Brain Dev | Attention to Relations | Influences of AODA | Brain Dev & Learning | Pink or Blue | Basic Brain Dev | Influences of AODA | Brains of Digital Natives |
| 1pm - 3:30pm | Cog Dev & Risk | Pink or Blue | Brains of Digital Natives | It Takes Attention | Attention to Relations | Cog Dev & Risk | Brains of Digital Natives | Date Viol & ABD |
| 6pm - 8:30pm | Basic Brain Dev | Cog Dev & Risk | Influences of AODA | Brains of Digital Natives | Date Viol & ABD | Basic Brain Dev | Cog Dev & Risk | Influences of AODA |

Cognitive Development and Risk Taking by the Adolescent [Presenter MaryAdele Revoy]

What were you thinking? Have you heard yourself say that to those amazing creatures we call adolescents? Their behavior can sometimes make us wonder if they were thinking at all. In fact, adolescents' thinking areas are still developing so their reasons why they do the crazy things they do may be very different from our own. Find out why their risks are not risks at all.

Dating Violence and Adolescent Brain Development [Presenter MaryAdele Revoy]

An educational seminar for parents, advocates, teachers, social workers, church leaders and interested community members on the basics of adolescent brain development and the dynamics of teen dating violence. Participants will receive information to help them understand and relate to developing adolescents, plus will learn ideas on how to help victims and aggressors, especially in the formation of healthy dating relationships.

Influence of Alcohol and Other Drugs on the Developing Adolescent Brain [Presenter MaryAdele Revoy]

Were you a partier in high school? Did you binge drink on the weekends during college? Did you inhale? Are kids using more drugs these days or is that the variety available has grown? Learn about how the brain develops when it is drunk or high. Specific drugs along with alcohol will be examined regarding their influence on brain development.

It Takes Attention to Change: The Brain, Behavior and Self Perception [Presenter Deb McNelis]

ATTENTION! ATTENTION! The brain learns from what we pay attention to. This workshop looks at how the brain affects behavior. With the realizations you gain through this presentation you will learn the positive impact you can have on behavior and self perception.

Pink or Blue? Gender Differences related to Learning and Behavior [Presenter Deb McNelis]

Only recently has it been realized that there are real physical differences between the male and female brain. Implications for how these differences impact learning are offered in this presentation. Understanding these differences creates the opportunity to provide for the optimal development of both boys and girls brains.

Make it easy... register on-line!

- <http://KENOSHAbraindevelopmentseries.eventbrite.com>
- <http://BEAVERDAMbraindevelopmentseries.eventbrite.com>
- <http://MERRILLbraindevelopmentseries.eventbrite.com>
- <http://SHEBOYGANbraindevelopmentseries.eventbrite.com>

OR SEND IN THE FORM ON THE BACK

| | Merrill | | | | Sheboygan | | | |
|---------------|--|---------------------------|---------------------------|----------------------|--|--------------------|---------------------------|---------------------------|
| | AmericInn, 3300 East Main St., (right off Hwy 51), Merrill, WI 54462; 715-536-7979 | | | | Holiday Inn Express, 3923 Germaine Ave., (right off Hwy 43), Sheboygan, WI 53081; 920-451-8700 | | | |
| | 11/8/2010 | 11/9/2010 | 11/10/2010 | 11/11/2010 | 12/6/2010 | 12/7/2010 | 12/8/2010 | 12/9/2010 |
| | Monday | Tuesday | Wednesday | Thursday | Monday | Tuesday | Wednesday | Thursday |
| 9am - 11:30am | Pink or Blue | Influences of AODA | Cog Dev & Risk | Brain Dev & Learning | Pink & Blue | Basic Brain Dev | Brain Dev & Learning | Influences of AODA |
| 1pm - 3:30pm | Attention to Relations | Brains of Digital Natives | Influences of AODA | It Takes Attention | Attention to Relations | Cog Dev & Risk | It Takes Attention | Brains of Digital Natives |
| 6pm - 8:30pm | Influences of AODA | Pink or Blue | Brains of Digital Natives | Date Viol & ABD | Cog Dev & Risk | Influences of AODA | Brains of Digital Natives | Date Viol & ABD |

MAIL IN THIS FORM TO PARTICIPATE IN THE BEST BRAIN DEVELOPMENT SERIES

Sign up for as many workshops as you like!

| | | | | |
|--|------|------|----------|---------|
| Name | | | | |
| Mailing Address | | | | |
| Email | | | Phone | |
| Organization or Occupation | | | | |
| Questions about registration, contact MaryAdele Revoy at revoy@whoisrevoy.com or 608-609-0342. | | | | |
| Location | Date | Time | Workshop | \$40.00 |
| Location | Date | Time | Workshop | \$40.00 |
| Location | Date | Time | Workshop | \$40.00 |
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| Location | Date | Time | Workshop | \$40.00 |
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| Location | Date | Time | Workshop | \$40.00 |
| [Cost includes materials needed for activities, handouts and snacks.] TOTAL | | | | |

Be one of the lucky ones to get a spot!

All workshops are limited to 30 people. Waiting lists will be started.

Make your check payable to REVOY and mail it to: REVOY, W5062 Green Tree Rd., Plymouth, WI 53073. You will be sent a confirmation email [or letter, if no email is available] with additional training information.